



# *Annual Report*

## *Year: 2023-2024*



## **MATRUSCHAYA SOCIAL WELFARE SOCIETY**



At. Post. Bhandaraj, Tah. Anjangaon Surji, Dist. Amravati – 444705, (Maharashtra)



(+91) 7058023725



[mssws.society@gmail.com](mailto:mssws.society@gmail.com)



[www.matruschayango.org.in](http://www.matruschayango.org.in)

**MATRU SCHAYA SOCIAL WELFARE SOCIETY, BHANDARAJ**  
**ANNUAL REPORT FOR THE YEAR 2023 - 2024**

Matru Schaya Social Welfare Society (MSSWS) is based primarily and quite closely with the lives of Adivasi tribes, namely Korku Tribes of Melghat region, Warli, Kathkari and Kokna tribes of Palghar district in Maharashtra.

MSSWS has been working tirelessly and with commitment for the betterment and upliftment of the Tribals for the last 50 years through our innovative interventions. Moving closer towards the fulfilment of their dreams and vision of the pioneers, we enter into the lives of the backward class with the aim of ushering growth and progress in all aspects of life. The Integrated Tribal Community Development projects in Education, Health, Nutrition, Agriculture, Skill training and Capacity building executed in the year 2023 - 2024 in the villages has poured life-giving energy in the communities and brought smile to their faces. The quality programmes and fruitful services rendered by qualified staff with deeper commitment has facilitated and accelerated the development processes through various meaningful and people-oriented activities and programmes during the year.

Dear Members,

The Governing Body Members of the Matru Schaya Social Welfare Society has the pleasure to place before you the Annual Report for the year ended 31st March 2024.

**Membership**

Sister Mary pinto	President
Sister Divya Xalxo	Secretary
Sister Aleycia Varkey	Treasurer
Sister Pushpa Kandulna	Member
Sister Hira Parkhe	—” —
Sister Josephine Patil	—” —
Sister Sangeeta Pereira	—” —

## **Accounts:**

The Audited Balance Sheet, the Income and Expenditure Account and Audit Reports for the year ended March 31st 2024, are placed before you for your perusal. During the year the following donations were received:

### **Contributions from various sources for the education of the poor children, social and health works are as follows:**

<b>1. MANOS UNIDAS - MADRID</b> – Integrated development and sustainability of family life	<b>Rs. 18,68,358.00</b>
<b>2. Caritas Germany (Duetscher Caritasverband e.V)</b> Integrated nutrition and food security and education of Korku tribe	<b>Rs. 10,53,732.00</b>
<b>3. Kinderstiftung, "Hoffnungsstahl":</b> Educational aid to the poor and marginalized children	<b>Rs. 9,82,679.00</b>
<b>4. Fundacion Educacion y Cooperacion (EDUCO), Barcelona (Spain)</b> Quality education at Shilonda	<b>Rs. 52,46,824.00</b>
<b>Sponsorship Programme – educational aid to destitute &amp; marginalised</b>	
Rayon de Soleil de l'Enfant Etranger, France	
Enfance de Munde- Rayon De Soliel, France	
Barnen Framfor Allt Children above all, Sweden	
Sticthing Maher India, Holland	<b>Rs. 19,54,149.52</b>
<b>5. Olga Coomans-</b> Khatkali Project Education, nutrition	<b>Rs. 6,81,156.00</b>
<b>Skill development</b>	
<b>6. Vyes &amp; Elisabeth AVETTAND FENOEL – France</b>	<b>Rs. 3,06,913.00</b>
<b>7. Francois Avettand -</b>	<b>Rs. 1,73,975.00</b>
<b>8. Matru Schaya Health Centre – Medical aid</b>	<b>Rs. 1,05,955.48</b>
<b>9. Income Generation Programme- Stitching Maher</b>	<b>Rs. 93,639.00</b>
<b>10. Goat Project – Barnen Framfor</b>	<b>Rs. 25,976.00</b>
<b>11. Salary to Social work, Dispensary &amp; Teacher</b>	<b>Rs. 2,16,475.00</b>
<b>Total:</b>	<b><u>Rs. 1,27,09,832.00</u></b>
<b>Local donations to Matru schaya social welfare society and units</b>	<b><u>Rs. 15,38,974.00</u></b>

## **ACTIVITY REPORT OF THE UNITS**

### **MATRU SCHAYA SOCIAL CENTRE, BHANDARAJ**

#### **A Range of Thematic Programs Organized by MSSC to Uplift and Empower Communities**

- *Empowerment of Women*: This is being done by providing them with education, skills, and resources through vocational training, awareness campaigns, and support for economic independence.
- *Sustainable Livelihood Programme*: it aims to create sustainable livelihood for marginalized communities. This involves initiatives such as promoting organic farming, cottage industries, and micro-enterprises.
- *Agricultural Development*: MSSC works towards enhancing agricultural practices, improving crop yield, and ensuring food security, by training farmers, introducing modern techniques, and promoting sustainable farming methods.
- *Dress Designing*: The organization supports skill development in dress designing, enabling individuals to pursue careers in the fashion industry, with a view to foster creativity and economic self-sufficiency.
- *Supplementary Educational Program*: Additional educational support is provided to children, especially those from remote tribal villages. This includes after-school classes, remedial education, and access to learning resources.
- *Counselling Centre for Women in Distress*: MSSC offers a safe space for women facing emotional, psychological, or social challenges. Trained counsellors provide guidance, support, and empowerment.
- *Library for the Youth*: Reading and knowledge-sharing is encouraged by establishing libraries in underserved areas and providing access to books, magazines, and educational materials.
- *Beauty Parlour*: MSSC supports women in setting up beauty parlour, enabling them to earn a livelihood while enhancing their skills in beauty and wellness
- *Boarding facilities*: 125 SC and ST children are actively supported by providing boarding facilities. This initiative ensures that these children have a safe and conducive environment for their education and overall well-being. By addressing their basic needs, MSSC contributes to their holistic development and empowerment

**These thematic programs reflect MSSC's commitment to creating a better world, guided by compassion and a desire to uplift those in need.**

#### **Staff Capacity Building:**

At the beginning of the year, we organized a project orientation program for the staff at Matru Schaya Social Centre in Bhandaraj. During this program, we explained the project's goals, objectives, activities, implementation methodology, and other essential instructions. Extensive interactions, discussions, and planning sessions took place. Staff members expressed their understanding of the goals and comprehended



the objectives and activities well. The baseline survey was particularly helpful for new staff to connect with the community. Additionally, the project's target group aligns well with our work. Overall, everyone was highly satisfied. On August 5, 2023; we conducted a staff capacity building training session. Dr. Mukund Deshmukh served as the resource person for the day, emphasizing effectiveness, result-oriented work, project purpose, time planning, problem-solving at the village level, maximizing community participation, and efficient work methods. A second training, led by Fr. Stephen on September 15, 2023, focused on effective human resource management. Fr. Stephen highlighted the importance of enhancing individual capacity and capability to improve staff performance, productivity, and professional growth."



### **Nutrition & Health Training to Mothers Collectives:**

In Melghat, malnutrition is closely linked to the Korku tribal community. Matru Schaya social centre played a crucial role in creating nutritional awareness and providing timely medical care. During the 56 months of migration due to poverty, children often suffer neglect. Mothers, burdened with housework and farm duties, also tend to overlook their own health. Matru Schaya Social Centre (MSSC) between April 19th and 26th, 2023, conducted nutrition and health training for 342 mothers in targeted villages. Our intervention led to significant improvements in dietary diversity among tribal children and mothers. Specifically, we addressed genetic diseases like sickle cell anaemia by designing nutrition plans in collaboration with the mothers.

During the trainings, we covered essential topics such as dietary counselling for healthy eating, appropriate weight gain, iron and folic acid supplementation, multiple micronutrient intake, balanced energy and protein consumption, as well as calcium and vitamin A supplementation. Our goal was to motivate these young mothers to prioritize good nutrition, seek timely treatment, and ensure proper care during childbirth. By doing so, they can give birth to healthy babies and provide optimal care for their infants."



### Nutrition & Health Training for Adolescent Girls:

While working in the project area, we realized that factors such as poverty, low education, early sexual activity, and early marriage adversely affect the health and nutritional status of adolescent girls. Lack of information about physical and mental health during adolescence compounds these challenges. Effective training is crucial to address this situation. Matru Schaya Social Centre (MSSC) conducted training sessions in Bhandaraj. 235 adolescent girls from 45 villages participated. During the training, the girls were welcomed and given time to introduce themselves. Mrs. Maya Indole provided guidance on the challenges faced during adolescence, emphasizing the importance of health care and nutrition. Topics covered included adolescent diet, menstruation, hygiene, and physical changes. Adv. Sr. Hira the Director of MSSC creatively informed the girls about their rights through songs and games. The training boosted their confidence and provided answers to their questions. Overall, the girls expressed satisfaction and gratitude toward the organization.



### Village-Level Nutrition & Health Awareness Campaigns:

In February 2023, Matru Schaya Social Centre (MSSC) organized awareness campaigns in 45 villages. A total of 2,449 participants, including children, women, school students, health workers, Anganwadi workers, and adolescent girls, actively participated. The innovative campaign included rallies, banners, posters, and seminars on health, nutrition, and hygiene. Topics covered ranged from ANC/PNC guidance to adolescent health and kitchen gardening. Nurses provided information on physical growth, hygiene, and the consequences of early marriage. The importance of personal hygiene and cleanliness was emphasized, along with the benefits of maintaining a kitchen garden.





### Rights & Entitlements Training for Mothers and Adolescent Girls:

Matru Schaya Social Centre organized a training program on 9th Feb 2024, focusing on rights and entitlements. 315 mothers and adolescent girls participated. Mr. Nitin Jamnik and Adv. Sister Hira provided guidance on various schemes, including women's rights, divorce, and property rights. Topics covered ranged from the Domestic Violence Act to education rights for teenage girls. The training emphasized empowerment, education, health awareness, and support for out-of-school adolescents



### Celebrating Special Days:



Matru Schaya Social Centre observed National Girl Child Day and International Women's Day. 238 girls participated in the National Girl Child Day program. Various activities and competitions were organized to raise awareness about the challenges faced by girls in education, employment, and other fields.

On March 11<sup>th</sup> 2024 International Women's Day celebration was organized MSSC through Sabal project. The theme of this year's event was "Invest in women, accelerate progress".

Notable guests, Mr. Iswar Makudoe, the project officer of the women and child development department in Anjangaon Block, Mr, Sanket Patil, Dr. Mukund Deshmukh, Mrs. Veena Ingle and several other dignitaries participated in addressing topics such as women's rights, nutrition, health, livelihood, and government schemes. The celebration showcased vibrant performances, awareness songs skits, and dance and talks all revolving around the special theme of women, Day. A total of 235 women participated in the event.



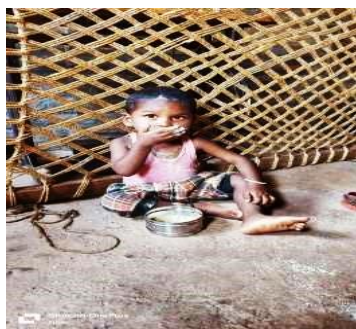
### **Nutritional Profiling of Children under the Age of 0-5 Years:**



Nutritional profiling of children under the age of 0-5 years was conducted every 3 months. A total of 1938 children were profiled, out of which 1881 were in the normal condition across 25 villages. Additionally, 53 children were categorized as MAM (Moderate Acute Malnutrition), and 3 were categorized as SAM (Severe Acute Malnutrition). The door-to-door survey revealed that mothers are taking good care of their children, resulting in significant improvement among both the children and the mothers.



### **Nutrition Support to Malnourished children & Anaemic mothers:**



We distributed 1200 nutritional kits, including Ragi laddu, Ragi biscuit, dates, Sattu powder, and Amaranth laddos, to ANC, PNC, women, children, and adolescent girls. These kits aim to provide a healthy diet for ANC, PNC mothers, and children. During the training, the resource person emphasized the importance of nutrition for the entire family. Proper nutrition supports the immune system, reduces illness, and helps combat anaemia. Key dietary recommendations include consuming foods rich in iron, folate, vitamin B12, and vitamin A, as well as maintaining a varied and healthy diet. Qualified health-care providers may also recommend supplements.

### **Training & Demonstration on Nutrition by using Locally Available Food:**

Women from the project area actively participated in a training program focused on enhancing food and nutrition within the tribal community. MSSC conducted demonstrations using locally available food to educate women on improving their dietary habits and creatively utilizing local nutrients. A total of 239 women took part in this training, learning about leaves, flowers, sticks, vegetables, parathas, puri, and faral. Medicinal uses of leaves and bark were also covered.

These efforts contribute to improved food and nutrition security for rural families, especially through supplements designed for infants and young children. Activists conduct door-to-door visits to ensure proper food preparation. Overall, these trainings are yielding positive results.





### Training on Development of Nutrition\Kitchen Garden:



We conducted training on developing nutrition and kitchen gardens. Leafy vegetables, cereals, milk, meat, and fish are essential components of a balanced diet. Leafy greens provide vital minerals and vitamins, preventing various diseases.

Kitchen gardens address food security by providing easily harvested vegetables for family meals. Volunteers from each village learned how to do kitchen gardens at home. Even those who are poor or landless can garden around their homes using locally available resources like mulch,

soil fencing, and indigenous pest control methods. Horticulture serves as a practical production system.

Our approach involves creating shallow trenches in empty plots near homes. A total of 349 volunteers received kitchen garden training, understanding its importance. By growing vegetables in these gardens, families have easy access to nutritious food, saving money."



### A Seed and Sapling Provision to Develop 500 Nutrition Gardens:

"As part of the Poshan, and Sabal Projects we established 1500 nutrition gardens across 45 villages. Our goal was to ensure that people have access to healthy and nutritious food. Women, children, and teenage girls actively participated by planting trees and caring for them. Before distributing vegetable seeds and fruit trees, an input session educated the beneficiaries about the importance of kitchen gardens and fruit trees. As a result, participants voluntarily created and maintained their own kitchen gardens, cultivating nutritious produce."





## Training Cum Capacity Building on Sustainable Agriculture Practices. (Organic Practices/Systematic / Climate Resilient Farming.)



"In the project area, where land is primarily used for cultivation, adopting organic farming practices is crucial. Organic methods conserve soil, water, and enhance productivity cost-effectively. India's rain fed agriculture covers 60% of the sown area and 40% of food production. To meet growing food demand, MSSC focuses on integrated farming, efficient water use, soil health management, and resource conservation. Organically grown food is free from toxins. MSSC formed farmer groups to promote

organic farming. Training sessions covered various organic techniques, including Jeevamrut, Dasaparni, Lamit, and jeevamrut. Demonstrations were conducted for 304 farmers in villages like Zingapur, AAHAL, Ekzira, Cheechpani, and Nagapur. These efforts have led to increased interest in low-cost farming, with timely guidance from project staff. Today, farmers are earning income from agriculture more efficiently."



### Promoting Soil Testing for Productive Farming:

Soil health plays a critical role in enhancing land productivity. This year, awareness about soil testing was raised through village meetings with farmer groups. Soil testing serves various purposes, including analyzing moisture levels, detecting contamination, and optimizing crop yields. Both field and laboratory methods are employed. In agriculture, a significant 60% of crop production hinges on soil fertility. Recently, 499 farmers from 25 villages submitted soil samples to the MSSC, benefiting from personalized soil test reports

to improve their farming practices.

### Workshop on Promotion of Nutritious Food Crops Diversification & Strengthening Women Led Farming:

Empowering Women in Agriculture: A cluster-level training involving 165 women aimed to address the decline of village-level food grains and promote sustainable practices. The training emphasized the need to preserve diverse food crops and combat their disappearance due to our own actions. Workshops focused on diversifying nutritious crops and strengthening women-led agriculture. Traditional crops like mung, Udid, kutki, sava, and bajri face extinction. Despite cash crops being lucrative, loans often consume more than half the income. High dal prices (up to Rs. 120 per kg) hinder access to nutritious food. Encouraging mixed cropping and organic farming is essential. Excessive chemical fertilizer use persists despite government guidelines. Insecticides like limit, dashaparni, and pachaparni play a role. Jivamrut, Ghanjivamrit, and biocides were also discussed during the trainings.





### Soil Water Conservation through Food for Work and Knowledge Programme:



Empowering Farmers through Soil Conservation: The Nutrition Project focuses on groundwater conservation to prevent community migration and provide livelihoods. Target villages, situated on sloping and rocky terrain, suffer from low agricultural productivity due to poor soil quality. Soil water conservation efforts aim to clear land, prevent erosion, and increase cultivated areas. A special activity involving 1500 workers improved 65 farmers' land, implementing

structures like LBS, CCT, and stone bunds. Farmers benefited from grain production, ensuring food security for their families. Soil conservation contributes to sustainability by enhancing soil quality, productivity, and reducing erosion. It also promotes water infiltration, preserving resources for future generations. These practices help avoid land expansion and maintain fertile soil for long-term benefits.



### Developing Model Cattle shed:



Empowering Livestock Farming: Under the Matru Schaya project, five impoverished farmers were chosen to receive cattle sheds. These sheds serve as essential infrastructure for livestock rearing. The initiative aims to improve water levels and land productivity for these farmers. By providing proper shelter, training, and resources, the project enables them to raise cattle effectively. The selected farmers can now prepare animals for farm work, produce disease-resistant varieties through hybrid breeding and enhance their overall livelihoods. These cattle

sheds not only benefit the farmers but also contribute to sustainable agriculture by promoting better animal health and organic fertilizer availability. Villagers are encouraged to raise livestock for income. Selected cattle-rarers receive cowsheds and guidance. Ideal cattle sheds are spacious, well-lit, and ventilated, with proper water provision to prevent thirst. Model cattle sheds in five villages benefit poor farmers by improving animal health, milk quality, and crop fertility. These sheds also provide organic fertilizers for small-scale farmers' crops.

### Training on Various Government Schemes to The Farmers:



On May 16, 2023, the Matru Schaya organized a training session for farmers at the cluster level. A total of 251 farmers actively participated in this training. The session was conducted by Mr. Dr. Kuldeep Kalpande, an expert in agriculture, who serves as a trainer for this program at the Krishi Vigyan Kendra Akola and is also an Agricultural Board Officer in Akot. During the training, Mr. Kalpande provided valuable insights to the farmers. He

covered various government schemes, including the MGNREGA Yojana, Pradhan Mantri Kisan Yojana, Pradhan Mantri Fasal Bima Yojana (PMFBY), and the Weather Based Crop Insurance Yojana (WBCIS). Additionally, he discussed topics related to soil health, soil conservation, fertilizers, seeds, irrigation, training and extension services for farmers, machinery and technology, agricultural credit, agricultural insurance, plant protection, horticulture, and agricultural marketing.

The innovative and informative sessions left a positive impact on the farmers, contributing to their prosperity. As a result, they are increasingly placing their trust in the government's agricultural initiatives

### Workshop on Legal Aid RTI & PRI:



At a cluster level, 499 people actively participated in the Legal Aid Workshop focused on RTI (Right to Information) and PRI (Panchayati Raj Institutions). The workshop aimed to empower individuals with knowledge about their legal rights, access to village administration information, and the significance of informed participation. Guiding this training was expert advocate Sr. Hira Parkhe, who received positive feedback from village women,

youth, and male teenagers. Sr. Hira eloquently explained the concept of Panchayati Raj, emphasizing the roles and responsibilities of local bodies. She underscored the importance of the Gram Sabha and encouraged active engagement in its proceedings.

Armed with information about Panchayati Raj, women attended Gram Sabha sessions, where they gained insights into legal matters. Sr. Hira Parkhe elucidated legal aid principles and individual rights, empowering women to safeguard themselves against unjust legal challenges. She covered topics such as the Right to Information Act and Constitutional Rights, ensuring participants left with a deeper understanding of their legal protections. Overall, the participants expressed satisfaction in acquiring knowledge about legal aid, reinforcing their confidence in navigating legal complexities.





### **CBO's meetings on tracking and mapping food and wage related Social entitlement and schemes:**

During the year Matru Schaya conducted the above trainings for 45 CBOs across 45 villages. The objective was to establish community organizations in each village and provide guidance for community development. Both initiatives stem from social work within the community. Community organization serves as a means to achieve the goals of community development, which encompasses economic, physical, and social aspects. By fostering democratic processes, voluntary cooperation, self-help, leadership development, and awareness, We aim to enhance overall village well-being.

The model for village development involves community work, projects, empowerment, and mobilization. By organizing opportunities for shared experiences, interests, and needs, we strive to uplift the villages. Recently, this training was provided to 450 members of CBOs in 45 villages with the goal of fostering community growth

### **Skill Trainings for the Young Girls:**

Matru Schaya Social Centre is running vocational training centre mainly for the poor young girls and women. It has a residential and non-residential program which is offering great opportunity for those who missed a formal schooling. Young girls from remote tribal villages come with fear and anxiety, but they pick up their confidence in a very short time with motivation, and personal attention of our staff. They put their hearts and mind in this art and gain confidence to do something with their life. We took up cutting and tailoring and beauty parlour knowing well that there is ample opportunity to be self-employed in the local area. Every year we trained 100 young girls and women so that they become self-reliant and earn for their families.



### **Counselling Cell for Women in Distress:**

Mother Veronica counselling Cell offers a supportive environment where couples in distress can address their challenges and work towards solutions. By providing counselling services, we are helping couples navigate difficult situations and find common ground. It's impressive that out of the 154 cases registered, 134 couples were able to reconcile and are now leading healthier lives. Our efforts not only strengthen individual relationships but also contribute to the overall well-being of families and communities.



### Income Generation:



We have implemented a poverty alleviation program for 103 poor families across 25 targeted villages. Each person received Rs. 10,000 to initiate income-generating activities such as goat rearing, petty shops, tailoring, vegetable selling, and small hotels. The primary goal of this initiative is to prevent migration by empowering these families to sustain themselves through self-employment. The positive outcome is that these families have already begun earning their livelihood through these activities.

They expressed immense happiness upon receiving financial support from Manos Unidas through the Matru Schaya Social Centre Bhandaraj. This support has the potential to create a lasting impact on their lives, enabling them to engage in income-generating endeavours and improve their overall well-being.



### Education facilities:

Matru Schaya Social Centre is dedicated to uplifting the lives of underprivileged children in remote villages. By providing education and boarding facilities, they create opportunities for these children to complete their studies beyond the 12th grade. Currently, 12 girls are pursuing general nursing, while 8 boys are enrolled in ITI programs. These children receive essential educational materials, guidance, and counselling. The project coordinator and sister-in-charge organize cultural programs to foster confidence and improve the life skills of the children. Regular health check-ups ensure their well-being. The centre's mission is to empower these children for a brighter future. Thanks to the generosity of funding agencies and donors, 125 children are receiving support to continue their education. Their commitment is making a significant impact, empowering these young minds for a brighter future.





### **CBO's meeting's on tracking and mapping food and wage related Social entitlement and scheme:**

Community organization and community development Samadhi training was given in 25 villages in the scope of the Poshan project, community organization was established in each village and guidance was given for the development of the community. Both have their roots in community social work. Community organization is done to achieve the goals of community development. Community development is concerned with the overall development of a village including economic, physical and social aspects. We want to develop the village by using community organization to achieve overall development. Aspects like democratic process, voluntary cooperation, self-help, leadership development, awareness and sensitization are considered important in community development. Similar aspects are also considered important by community organization.

Community-based organization work at the village level is the coming together of the community for the purpose of creating desired improvements in social health, welfare and overall functioning. Community organizations in Garva will work in communities that are geographically, psychosocially, culturally, spiritually and digitally bounded.

Community organization for village development includes community work, community projects, community development, community empowerment, and community building and community mobilization. It is a commonly used model for organizing community into community projects, neighbourhoods, organizations, voluntary organizations, and social networks, which can act as ways of organizing around geography, shared space, shared experiences, interests, needs, and/or concerns. With the aim of developing the village, this training was given to 207 villagers for village development. Considering all aspects, the people were happy with this training and they started working together for village development.

During the year 2023 to 2024 Matru Schaya successfully carried out planned activities in alignment with the project proposal and objectives. Let's see the notable achievements:

- ☐ 3400 families are incorporating locally available nutritious foods into their meals.
- ☐ 3900 families have initiated regular hand washing practices.
- ☐ 2300 families are actively maintaining cleanliness and sewage management in their areas.
- ☐ 1382 families have taken steps to improve the hygiene of their surroundings.
- ☐ 1675 adolescent girls are now consuming nutritious food daily, leading to improved health.
- ☐ 1824 families are preparing nutritious meals for their children and themselves.
- ☐ 1395 families are including locally available items and green vegetables in their diets.
- ☐ 125 women participated in a nutritious food exhibition, with five groups receiving prizes for their performances.
- ☐ 1353 women-led Farmers have cultivated traditional crops.
- ☐ 2399 women maintain kitchen gardens, promoting self-sufficiency in fruits and vegetables.
- ☐ 2399 kitchen gardens across 45 villages enhance dietary diversity by providing sufficient fruits and vegetables.
- ☐ 1795 farmers practice low-cost farming methods.
- ☐ 1783 farmers have embraced organic practices.
- ☐ 2188 farmers have applied for government schemes.
- ☐ 1091 farmers are benefiting from crop insurances.
- ☐ 158 families started self-employment
- ☐ 103 young girls empowered through skill trainings

- ❑ These collective efforts contribute significantly to community well-being, sustainable practices, and empowerment.
- ❑ 3153 women, youth, and farmers actively participated in local Gram Sabha meetings.
- ❑ 1204 applications related to village development work were submitted to the Gram Panchayat.
- ❑ 813 applications were approved, allowing people to engage in village-level work.
- ❑ 958 farmers were motivated to develop cowsheds.
- ❑ 1997 farmers adopted organic farming practices, utilizing organic manure and fertilizers.
- ❑ 950 farmers embraced low-cost farming techniques.
- ❑ 1884 farmers in 25 villages raised domestic animals, contributing to family income.
- ❑ 1332 farmers diversified their crops.

#### Child Health and Nutrition:

- ❑ 1993 children (aged 0-5 years) received special attention.
- ❑ 1881 children are currently in good health.
- ❑ 53 children fall under the Moderate Acute Malnutrition (MAM) category.
- ❑ 4 children are classified as Severe Acute Malnutrition (SAM) cases.

These achievements demonstrate the positive impact of your project over the past one-year.

### **MATRU SCHAYA HEALTH CENTRE, BHANDARAJ.**

**“Healing comes when we choose to walk away from darkness and move towards a brighter light”**

When life is challenged by the conditions of sickness and extreme pain, it is the constant and intimate communion with the absolute that brings forth incessant hope and serenity. “The soul always knows what to do to heal itself, the challenge is to silence the mind”.

#### **Out Patient Department:-**



Matru Schaya Health Center at Bhandaraj takes in patients from near and far and helps them to experience the healing power. 24 hours of service was provided to the patients according to their need and convenience. We were available to counsel the patients and those who accompanied them when needed. We listened, cared and helped everyone without any differences and gave them quality time and care. We have treated during the year almost 8679 patients in various departments and through mobile clinics, Medical camps etc.

#### **Eye Checkup :-**

**“So, I close my eyes to old ends and open my heart to new beginnings”.** Our eye department is going on well. We have a regular eye checkup in our health center every Saturday.





### Integrated Counseling and Testing Centre for HIV:-

Our center is working in collaboration with National Aids Control Organization (NACO). The aim is to provide access to quality HIV counseling and testing services to clients who access private/ not for profit health care system in both urban and rural areas. On third of every month the report is send to Irvin District Hospital at Amravati through the Govt. Hospital at Anjangaon.



### Mobile Clinic, Health Education at Tribal area.



In a regular basis we go for Mobile clinics, health checkups and Health education. During our visits we give health education to the people on open defecation, communicable diseases, Malaria, Personal hygiene, ANC&PNC care, e malnutrition. Special Health education to mothers on balanced diet.

### Ayurveda And Panchkarma Treatment:-

***The art of healing comes from nature, not from the physician. Therefore the physician must start from the nature with an open mind.***

We have the ayurvedic and panchkarma treatment simultaneously. Drs. Abijith Gole M.D. and Pallavi Gole M.D in Ayurveda and Panchkarma help us and support us whenever we need. We treat patients with Ayurveda for various diseases. Many patients benefit from the various Panchkarma treatment i.e. body massage and steam, Basti (basti means enema, mainly Basti is given to patients with arthritis, Obesity and to clean the stomach), Katibasti, virechan (Means blood purification), vaman, naseya (oil pouring through the nose) and Shirodhara. The results of these treatments are very good. All these procedures are done for minimum 7days.

***“True Medicine comes from Earth not from a lab”.***

### Herbal Garden and its Medicinal Values:-



Our herbal garden is growing slowly and steadily. We use these plants to prepare various medicines like: - Face packs, Decoction, Churnam, lehym, oils, tonics and Chyavanaprash. We have 25 different types of herbal medicines prepared here by ourselves with the help of our Ayurvedic doctors. We



prepared Aloe Vera tonic from our own garden product. We distribute this tonic in the villages for free. They were all very happy and improved their immunity power and Hemoglobin level is increased.

#### **Gold Drops Rasayan plus Therapy:-**

This is another procedure of the Ayurveda which is going on in our health Centre, for 0-16 yrs. old children. **This is given on a particular day i.e. on the Full moon day of the month.** It is an advanced and scientific way of Gold drops given to children; it contains **Suvarna Bhasma** which according to Ayurveda is capable of destroying various toxins in the body. Also promotes growth, builds up immunity and boosts memory. It contains precious medicines like Brahmi, Shankhpushpi, Saphed musali, Amalki and honey to enhance the efficacy.



#### **Nursing Education:**



**Nursing Assistance Course** for 12 months with 3 months of practical experience in different hospitals at Anjangaon and Akot. We have 10 students this year. After the completion of the studies the students are placed in different Hospitals at Amravati, Paratwada and Anjangaon, for Job.

### **DIVYA JYOTI SOCIAL CENTRE, NAGPUR**

"Excellence in education is when we do everything that we can to make sure they become everything that they can"

This year DJSC extended its work to five slums reaching out to the poor and marginalized people. While implementing the activities, we received great support from the slum communities and together we were able to achieve success. Our main focus was education of the poor children, health of the children and community, skill development of youth and empowerment of women through various training programs and livelihood programs. While implementing these programs we did face some challenges but courageously overcame them and continued our work.



## EDUCATION

Through this thematic area we aimed at giving basic education and knowledge to the children, to develop their learning capacities and their personality.

### Remedial classes:



We conducted 9 classes through which 134 children were helped in their studies. The children who benefited from these classes were those who could not afford private tuitions and needed help in their studies. Through regular classes teachers provided them with basic learning skills. These innovative methods increased their love and joy for studies. Children were very happy to attend the classes and have done well in their exams. Along with academic studies various activities were conducted to build their personality. Different competitions like drawing, singing, dancing, rangoli, writing and learning tables were part of our program which helped the children to discover their talents. Their participation encouraged other children too. We also provided financial assistance to our children in terms of their school fees and educational material.

**Balwadi:** This year we had Balwadi at Martin Nagar and at Snehadeep colony. There were 36 children who came regularly and learned to read, hold the pencil in their hand and write. They also learned poems and the numbers. In the beginning it was difficult to handle them as they were crying and did not want to sit in the class. But slowly they got accustomed to learning and they attended the classes regularly. They were happy to meet new friends and enjoyed their company. The teachers were very patient with the children and taught them with love and passion. Today we feel proud that our children procured admission in private schools without waiting in long queues for the process of admission. All got admission in reputed English medium schools. Parents too were very happy with our teaching methods which enhanced the growth of their children. The most important aspect of their tiffin was eating homemade food and finishing their food from the tiffin box.

## HEALTH

### Medical camp:



We conducted 2 medical Camps at Martin Nagar and at Indira Nagar. We had various specialized doctors like MD, Cardiologist, Orthopedic, Oculist, Gynecologist, Skin specialist and Dentist. 367 patients benefited from these camps. Free checkup and free medicines were provided to the beneficiaries. Those diagnosed with serious illness were advised to go for further treatment. After the camp the beneficiaries were given concession by the doctors whom they approached in their clinics for further treatment. The medical camp proved beneficial and was a source of great encouragement to the doctors as well as to the patients.

### Health awareness program:



During the year three health awareness programs were conducted at Nara and Martin Nagar. 95 people benefited from these health awareness programs. Poor and marginalized people have very limited knowledge and



information and thus they fail to take care of themselves in time. We focused on diverse topics to provide awareness to the poor and marginalized of society and increase their health literacy. Our focus areas were health and hygiene, personal hygiene, nutrition, anemia and Diabetes. All the beneficiaries profited from this program and were very happy.



## VOCATIONAL SKILLS



### Tailoring and Beauty culture:

63 young girls and women benefited from these courses. They were taught these skills in order to make them self-reliant and self-confident. . Some of them are using these skills and earning their livelihood and supporting their families. Few of them are still practicing these skills.

### Life skill training and career guidance:

Along with vocational skills soft skills also were taken care of by providing training programs. They were taught how to communicate effectively, time management, finance management and personality development. The resource persons motivated the young women very creatively and as a result they were convinced of their skills.



## WOMEN EMPOWERMENT

To empower the women various training programs and awareness programs were conducted such as: Training on leadership, Legal aid, Family life and good parenting, Health and hygiene.

Through the above programs the women were empowered to live with dignity. They gained knowledge, became self-reliant and self-confident. They increased their self-esteem and developed their personality.



**LIVELIHOOD PROGRAM:** We provided 10 families with income generation programs to start petty shops, food stalls and machines for tailoring. Through these IGP programs the families are sustained and economically stable.

## OTHER ACTIVITIES

- Divya Jyoti social center reached out monthly to 5 marginalized families with food grains as they were needy and had no source of income.
- During Christmas and Easter nearly 60 families were provided with provisional help.
- 50 flood affected families from Martin Nagar, Snehadeep colony and Lourdmata colony were helped with ration kit.
- During the year we were also supported by few benefactors to provide meals to the children and few came and celebrated their birthdays with our Balwadi children by providing snacks and educational material.
- Children's annual day was celebrated through which awareness among children and people were created regarding climate change, save water, importance of education and child rights.
- Mother Foundress' day, Independence Day, Rakshabandhan, Holy Cross Feast, Dipawali, Holi, Christmas etc. were celebrated to teach values to the children.
- Medical assistance to few needy families was provided.
- Family counseling was provided to the families during family visits and when they approached the center.
- 2 persons who had no one to take care were taken to the shelter home and given dignity of life.
- Mrs. Sophie and group from ENFANCE DU MONDE-FRANCE and Mrs. Anna Luna and Mrs. Monique from MANOS UNIDAS – SPAIN Visited Divya Jyoti social center to see the work and encouraged us with their presence and words of appreciation.
- A picnic was organized for Balwadi children, Coaching class children and women to FUN PLANET was real fun and enjoyment.



## ADIVASI VIKAS KENDRA SHILONDA

Matru Schaya Social Welfare Society is registered in 1975 Amravati District at Bhandaraj, started its work in the Palghar district in year 1999. Palghar is the 36th district in the state of Maharashtra and was formed on 1st August 2014. Being a new district, it still must go a long way in the HDI index. Dahanu is one of the 8 blocks of Palghar district. It is a completely tribal block with 183 villages and 2 cities. From 2021 onwards we are working in 21 villages converging 52 Zilla parishad schools, 5 Ashram schools and 72 Anganwadies of Palghar district with 'Quality Education Program'.



The EDUCO project implemented by Adivasi Vikas Kendra aims to ensure quality education for children & adolescents from the marginalized areas of communities of the Dahanu Block of Palghar District and to develop a forum for child participation, improve their knowledge and skills to collaborate with peers and adult stakeholders to live life with dignity. Empowering the Children to voice out their rights and issues through Child parliament, and enabling them to make informed choices about their higher education and life. It also strengthens the statutory institution towards child protection, child development and social management be enhanced by strengthening the involvement of various stakeholders in the education process.

## Mobile library



- Mobile library was developed for improving reading skills. It is a three-wheeler electric vehicle (EV) that houses books and indoor games. It goes to 25 schools reaching out to more than 2724 children.
- Book talk, name card etc. created interest in students as well as in CMs.
- Mobile librarian feels empowered through the training and finds happiness in his mobile library activity.
- Confidence is increased in the children. They are able to read books and the Vocabulary of the children have increased and have started to discuss about the books. Mobile Library goes to 25 schools, and spends 2 hours in one school for reading books. About 90% children benefited due to mobile Library and had impact on the staff as they were able to understand books they were reading; 2500 students are covered.
- Training on Capacity building on Library had an impact on the staff. It enabled them to understand book reading, Book talk and name card etc. and created interest in students as well as in CMs. It is heartening to see the children come running to get the books and to read at the arrival of Mobile Library van

## Community Learning Centers:

- 25 Community Learning Centers were established and they have been active for most the time. Shikshandoots taught in a creative way using educational kits. 875 students benefited from 25 Community Learning Centers and were able to read and write with confidence.
- Three CLC teachers and two Community Mobilizers attended training in Vipla Foundation Pune. The participants discussed on the process and the role of the evaluator, 'Dos' and 'Don'ts' while asking questions etc. It's very useful for baseline and end line survey. 25 CLCs are active. We can see gradual growth in leadership and participation. Teachers are happy with the CLC classes.
- Attendance increased in CLC by 30%.CLC children increased the ability to read and write. Parents are ready to send their children to CLC. because of the CP meetings. Children take part in all the activities of the

school as well as in the village and leadership has emerged. Eg. They come forward for anchoring the programs.



### Children's Parliament:

58 Children Parliaments (Cps) are active in 50 schools. Child Led advocacy has been activated for ensuring their rights. 233 CP meetings are conducted, 4156 participated. Through the intervention of SMCs, CPs and ZP teachers the school infrastructures have been repaired & the classrooms have been beautified in 10 schools. Oath ceremony was done and they exercised their right of electing the ministers by casting vote. They are learning to take responsibilities. Awareness on education, health, right to protection are given to CP students and parents. CP children take initiative to come forward to participate in the Activities and programs of the school. This is a story of CP children taking initiatives in the activities of the school at Patilpada, Modgaon Village, Dahanu taluka, Palghar District.. MSSWS in collaboration with Educo work towards



the quality education of the children.

## CELEBRATIONS

### Gandhi Jayanti :



Gandhi Jayanti celebrated in Schools. Through this celebration the staff and children paid respect to Gandhi the father of the Nation. Speeches were given on Gandhi ji by the teachers, CM and Children. A Rally was taken out with plaque cards and slogans. Cleanliness drive was carried out in schools and their surroundings.



### **Environment Day. 5<sup>th</sup> June:**



Various activities were carried out on Environment Day. A rally was organized where 125 children participated. The importance of the day was brought out through talks and celebration. Tree plantation activity was carried out in the villages and the 180 trees were planted. The children took the full responsibility to fence and look after the growth of the trees.

### **Vanbhojan Day:**

Vanbhojan celebration was done in CIC. Children enjoyed the celebration and was happy to have food together in the open place. Children enjoyed the various games conducted by teachers and MSSWS staff. Parents appreciated vanbhojan celebration. Prizes were given to the winners.

### **World Day against Child Labour -12<sup>th</sup> June**



On 12<sup>th</sup> June being a World Day against Child Labour was celebrated, a rally was organized in Shilonda, Bendgaon and Nimbapur where 184 Children participated in the program. Children went round the village and to some distance on the main road shouting slogans and displaying the placard. Importance of the day was explained to the children.

### **Children's day:**

Balmelava celebration held in 52 schools. CLC teachers trained the students to give speech on child's right and child safeguarding. Teachers, SMCs parents, Anganwadi staff and children from outside the project area took part in the Balmelava. Competitions were conducted, such as dance, writing and reading. Prizes were given to all the winners. Snacks were distributed to all the participants. School Teachers appreciated saying such programs bring out the hidden talents of the children, give them stage daring spirit and build up their confidence. The parents encouraged CLC Teachers and MSSWS staff and requested to have more events for the benefits of the children.

### **Adivasi Day 9<sup>th</sup> August:**

Children dressed in Adivasi costume with the symbol of Bow and arrow and went in Silent Rally from school to Gram Panchayat. Teachers explained about the happenings of Manipur and the land slide took Place at Irshalwadi village in Raigad District. It was followed by paying respect to those who lost their lives, by keeping 2minutes silence.



### **International Education day:**

To celebrate this day a Rally was organized in Bandhghar, Shilonda and Modgoan schools. Mobile library was taken to Bandhghar School. Importance of Reading and Education was explained to them. Posters were prepared on Education and slogans were written. Rally was taken out from the school to Gram Panchayat. 165 students participated in this program.

### **Annual day Celebration in MSSWS Shilonda.**

58 school participated in this program. CLC teaches, MSSWS staff and school teachers trained the students. Competitions such as Reading, dance, skit and speech were conducted. Children enjoyed the program conducted. Prizes were given to the winners. Annual day celebration was appreciated by many saying such program bring out the hidden talents of the children n, have stage daring and build up their confidence. Encouraged CLC Teachers and MSSWS staff and requested to have more events, for the benefit of the children.





## Women's day

8<sup>th</sup> March women's day was celebrated at cluster level namely at Talasari, Bhandghar, Saiwan. Moadgaon and Kinhwali. 1703 women participated and enjoyed singing and dancing together. Importance of education, legal aid and importance of good nutrition practices were the topics dealt during these programs. In Talasari legal aid and nutrition were the topics dealt. Women were very happy as they experienced togetherness and gained knowledge.



## Teacher's Day.



Celebrated Teachers Appreciation day in 52 schools and 3500 children participated. MSSWS staff trained the children to give speech on Dr. Radha Krishnan and MSSWS staff spoke on the importance of teacher's day. Children Appreciated teachers for teaching, for their love & understanding and gave flowers, cards and gifts as a token of their love gratitude. The teachers praised MSSWS staff.

## Collaboration with Anganwadi teachers:

Trained 100% of the Anganwadi (ECCE centers) workers who also double up as pre-school teachers on creating a learning environment in Anganwadis and ensuring transition of all children to grade 1 . CM witnessed educational kits being used by 40 Anganwadi teachers. To improve the participation of children in the Anganwadi's learning process, 117 Parents Education meetings was conducted, where 2013 Parents attended. The importance of education, the regularity in sending them to school, also the utilisation of educational kits in the Anganwadis were explained to parents and Anganwadi teachers. 70% of the children were regular in the Anganwadi. To ensure that all children have efficient transition from Pre-Primary to Primary and to secondary survey was conducted and 100% enrolment in the primary and 75 % in secondary school was ensured.



## Awareness program for the Adolescents in 5 Ashram schools: -



Awareness session on life and career skills were conducted in 5 Ashram schools for the adolescents. The Adolescents were able to articulate their problems and discuss issues freely

### **xSponsorship Activity:-**



Artwork was conducted in 52 Z.P schools by asking the children to draw freehand drawing. Activity material was provided to nearly 4000 children of whom were 2010 girls and 1990 boys. Through this activity, children have become

active and attendance in the classes of children too have increased. Parents also are taking keen interest in children's learning.



### **Capacity building of, SMC, VCPC(Village Child Protection Committee)**

60% participation of SMC members are for regular meetings and their active participation still need to improve. As most of the are labourers and SMC meetings are held during school hours and members are unable to give up their wages. Capacity building of SMCs was taken up by conducting 4 SMC trainings and SMC 228 meetings, 681 participated. 36 VCPC meetings were conducted, and 351 participated. The Continuous contact and interaction with primary and secondary such as SMCs, VCPC, parents, Govt. authorities and trainings given to them contributed to build rapport and get cooperation from them. Through the SMCs involvement, improvement in infrastructure of the school, appointment of teachers at small level, changes in the school and in the lives of the children. were achieved. SMCs and VCPC are given training in order to take active participation in the growth and development of the children as well as school.



### **Community participation: Parents meetings**

Parent's meeting were conducted where children's safety and child protection was discussed. Parents are made aware of their responsibilities and encouraged to pay attention to their children's homework, to ask them what is taught in the school. The objective of conducting CLC and its importance and the need for sending the children to school regularly was explained to them. Parents are cautious about the children's protection so the children are sent in groups and long-distance parents themselves reach the children. Parents expressed in one village that when the CM visit the CLC children feel very happy. Parents promised to see to the home work of their children and their safety.



## Capacity building of Shikshandoot

Educo Team trained the MSSWS staff and Shikshandoots on safe guarding. Child protection and risk assessment was done in the project villages. Risks are identified and mitigation plan has been drawn up and presented to the team. Parents, teachers and members were made aware of the risks children can face and the need to safe guard them . For this some of the parents accompany their children to Anganwadi & school and bring them back. Some rules and regulations like HR policy, financial policy is made, Procurement committees are also formed.

### Support of MPSM (Maharashtra Probodan Seva Mandal) for Support Classes:

MPSM supported MSSWS for 10 support classes with remuneration to 10 teachers and two computer instructors and coordinator. They also provided training materials for these 10 support centers and teachers teaching kits. Monthly trainings and supervision of the classes were taken care by MPSM nodal center from Nasik. This was a great help and almost 350 children got good education.



### Capacity building of child parliament:

Today we find many of the CP children come forward and take initiative in the activities and program of the school. Whatever programs are organized in the school, CPs are able to plan and execute , we have found so much positive change in the children as they are able to plan and organize , participate and produce best result. For example, Teacher's appreciation day and Balmelava was anchored and planned out by CP children with the help of the CMs. Now they feel happy and confident to come forward and exhibit their talents. Capacity building and given the environment and opportunity to develop themselves help to vanish fear, shyness and come forward to excel in life. If some activities or program organized at regular base the children can get ample opportunity to develop themselves and can become inspiration to others.



## Exposure visit



In order to prevent drop out of children and to understand the perspective and the tools to work on the theme of education and for a timely intervention, one day exposure was organized for MSSWS team with Educo Project specialist to an organization called QUEST at Wada. They have developed a tool called Early warning system.



- Another exposure was organized for the same team to Vipla Foundation at Vikramgarh for the same purpose.
- Three CLC teachers and two Community Mobilizers attended training in Vipla Foundation, Pune. Discussions on the process and the role of the evaluator 'Dos' and Don'ts' while asking questions, were very useful for baseline and end line survey.
- To ensure that all children have smooth transition from Pre-Primary to Primary and secondary, survey was conducted and 100% enrolment in the primary 75 % in secondary school was ensured.
- In order to understand the learning time of Anganwadi teachers a study was conducted on mapping of actual learning time in the Anganwadi with the collaboration of 3 ICDS Supervisors, 4 Anganwadi workers, 4 CMS, MSSWS director and PC along with Educo Project Specialist. It was a very good learning experience.

### Livelihood support:

Due to continuous rain on 24<sup>th</sup> July evening the water level rose and entered the houses in few villages. Total 32 houses were affected in 5 villages. MSSWS team Sr. Josephine, Jacinta along with three staff on 25<sup>th</sup> July visited Gangodi village and 20 houses from Kundpada was affected with the rain. Water level came up to the waist in the room. People lost their belongings like grain, pulses, clothing and chickens were washed off in the rain. Rooms are not liveable condition so they had to take shelter in someone else's houses. We also interacted with the Sarpanch of the place and discussed with her of the severity of the problem. It was heartening to see the people trying to help one another. MSSWS helped them by giving the necessary things.



### Water wheel distribution

540 Water wheel distributed in 9 villages.

### Art For Child Rights

Art for child Right training was organised in Bandhghar village. 36 school children participated. Children were trained to express about Child rights using indigenous art form. This training helped children to understand relevance of child rights especially in their life. Also children map gaps, in achieving their rights especially in their immediate environment such as their school and village. Creatively express their understanding of their rights using drawing on paper.





We feel happy that the Educo Programme is bearing fruit in the 52 Zilla Parishd Schools under the hard work and commitment of our efficient staff. The children cherish the joy of learning and have grown in leadership, responsibility. They have become aware of their rights and able to express themselves. It is an integrated programme of teachers, village heads, parents, village community where all are involved.

## GYANMATA BOARDING SHILONDA



This year 35 students took admission in Gyanmata Boarding Shilonda. Three of them discontinued in the middle of the year. These children are from surrounding villages studying in ZP school

**Support Class:** A Teacher is arranged for coaching class (Tuition class). The children are taught writing, singing, dance, games and values.

**Activities of the Boarding:** We had various activities for the children sports and competitions. They are taught English and are able to say poems in English. They can act and dance well. When visitors come, they entertain them with cultural programs. Their studies are taken up in the morning and evening. Time is given for games and other activities. Every evening prayer is conducted They really grew up in love and wisdom.



From our boarding this year 6 students from fourth class took admission in Gyanmata School Talasari



### Parents Meeting:

Parents meetings conducted on the 30<sup>th</sup> of every month. It is so satisfying to see the parents attending regularly for the meeting and giving suggestions. They are happy to see their children healthy and growing at all levels.



**Adivasi day** /Indigenous day was celebrated in the boarding as well as in the school. All the children dressed in tribal costume and took out rally shouting slogans saying we are proud to be Adivasi. Even Raki day was celebrated in the boarding. Girls tied rakhi to the boys and prayed for them and sweets were distributed to all



**Gandhi Jayanti Celebration:** Cleanliness drive was organized by conducting a rally with placard and slogans going round the village motivating them to keep the surrounding clean,

**Benefactors:** Some of the well-wishers from Mumbai and Vasai visited the boarding spent time with the children. Some of them brought provisions, snacks, stationery and some helped financially. Our children entertained them with cultural programs and all of them enjoyed and they appreciated the children and the working of the boarding.

## HEALTH CENTRE SHILONDA

### Outdoor patients:



Our health Centre is opened to one and all those who are suffering from all types of diseases; such as physical, mental, spiritual and emotional health. We take care with love and compassion we also motivate our

patients and their relatives with preventive, curative and promotive aspects of health by giving them health awareness and introducing them to the herbal medicines. We get 60-80 patients daily. Total number of patients treated from April 2023 to March 2024 are 15852.



### Mobile Clinic:



The remote villages are in need of our medical help and

care. They are happy to welcome us when we visit them personally and give them health education and treatment. Some villages invite us once a week we go for mobile clinic.



### Training in Alternative Medical Treatment



To promote the health of the people we give alternative medical treatment to the patients like herbal medicines, cupping therapy, Acupressure, scraping therapy, massage therapy and electronic short therapy (CERA JEM MACHINE). Which is the great help for our patients to recover from all kinds of aches and pains in the parts of the body.

### Health workers and medical Kit:

We have 10 village health workers, coordinator does that prescribed objectives in the 10 villages. We are networking the project from Maharashtra Prabodhan Seva Manadal Nasik (MPSM). Staff had training program for 2 days at Unai Gujarat on Traditional Herbal Medicine where they were made aware of their importance in the villages as village health workers. We have given them awareness on health, hygiene and the social evil concerning health and also how to prepare herbal medicines and its use. We have monthly meetings and evaluation with them and revision of herbal medicine which had



been prepared, its ingredients, its use etc. The training at regular intervals on various diseases and sickness such as diarrhea, anemia, malnutrition cold, cough, fever and all types of pain and aches, skin diseases. These training help them to identify the disease, give first aid then refer the patients to the dispensary or to the hospital.

Medical kit is given to them with the first aid medication, which is checked and refilled every month. Many patients have benefited from this herbal medicines. They have training at Unai Gujarat regularly. We are very much grateful to MPSM Nasik for taking up the old herbal traditional practices in the villages.

### HEALTH CAMP :

In collaboration with the Holy Spirit hospital Andheri Mumbai arranged a free medical camp in our Health Centre. 1500 patients benefited from the camp. Efficient and specialist doctors from Holy Spirit Hospital and Nurses came for the camp. All the nurses, social works and paramedical personnel were very helpful for the camp. All the patients were very happy with the free checkup and medicines that they received. Patients with serious ailments and surgical interventions are taken care and follow-up treatment are given. This is one of the great privileges for our poor patients. May God bless our people in abundance.



### Referral Services:



they at once visit them and bring them to us.

Many patients from far remote areas come to our health Centre with the serious problems like heart diseases, brain tumor, Arthritis, different types of cancers and many undiagnosed severe conditions. We refer these patients to the big hospitals at Pardi Hospital Gujarat, Mumbai J.J.Hospital, and Holy Spirit Hospital Andheri etc. This year 10 patients operations are done at Holy Spirit Hospital Andheri Mumbai. We are very grateful to the management. May God bless them abundantly. All our staffs, Dais of the villages Anganwadi workers are so keen in the health of our people around them that as soon as they see or come to know that someone is sick or needs operation in pada or village

## SPONSORSHIP PROGRAM AMRAVATI.

Sponsorship Programme always has the underlining goal of education for self-sufficiency and sustainability. To achieve this goal, we work assiduously round the year. In all the Centres the staff and Sisters render their services to the children by being in touch with them and family as well.

The Sponsorship Programme receives money from 4 Agencies. The amount received is distributed to the following centers for education of destitute and poor children:



- 1, Divya sadan Social centre Wadali
- 2, Matru Schaya Social Welfare Society, Bhandaraj
- 3, Holy Cross School, Chikaldara
- 4, Holy Cross Boys High School, Badnera
- 5, Holy Cross Marathi High School, Amravati
- 6, Bal Shikshan Kendra, Amravati
- 7, Divya Jyoti Social Center, Nagpur
- 8, Bal gruha, Paratwada

The centers are given the money according to their need. There are 310 Students in the list. We help many more students than those enrolled in the Sponsorship program. The main aim of the Agencies is education of children up to 12<sup>th</sup> class, though at times, students are helped for higher studies with the understanding from the benefactors.

Through the Sponsorship the poor and marginalized can look forward for building dignity and empowerment. To mention a few, PREETY INGALE from Amravati who is almost an orphan has been sent to Pune for Nursing profession which has a better prospect for the future. KIRAN BELSARE FROM CHIKALNDRA, DIVYA KADU FROM AMRAVATI, SAKSHI INGALE FROM KAPUSTALINI, PONAM KANDULNA FROM NAGPUR, and a few others are also doing the same in different places. With our personal intervention we find admissions and place them. In three to four years' time they are on their feet, begin to earn a handsome salary and get settled in life. We also feel the satisfaction to see them living a happy life. Almost all keep in touch with us even after. In a word we can confidently say that Sponsorship program indeed is a blessing to a good number of children boys and girls especially for girls since we take interest in them because of the social dilemma.

As we rejoice in their achievements our thoughts go to the Agencies who keep backing us up so very diligently in spite of financial crisis. We owe a multitude of thanks to them and ask God Almighty to stand by them in all their needs and keep them in His protection at all times.

Here below are a few photos of different centres :-







## AUDITORS:

From the date of the Annual General Body our Chartered accountants Mr. Lancy D'Souza and Co; Nagpur, cease to be the auditors of the Society, nevertheless they are eligible for re- appointing for another financial year.

## ACKNOWLEDGEMENT

The members of the Governing Body of Matru Schaya Social Welfare Society, Bhandaraj expressed their sincere gratitude to all the donors, benefactors, collaborators and well wishers for their whole hearted co-operation, encouragement, generous support and financial assistance, which enabled MSSWS and its members to serve the deprived people by implementing welfare and developmental programs in a more effective and efficient manner to enhance the human dignity of the project beneficiaries. We feel honoured to be associated with a number of kind hearted individuals, institutions, agencies, organizations who keep the spirit of MSSWS active and flourishing and thus contributing to build a better society.

## CONCLUSION:

Matru Schaya team through the collective efforts of the dedicated staff, volunteers and donars the society has successfully persued its mission of making a positive difference in the lives of those in need especially the tribal commjnity. Every member and the staff take the responsibility of implementing the activities with whole heart and soul. People of the area also co-operate and show interest for their growth and development. Society's dedication to continuous improvement and innovation showcases the implementation of new initiatives, strategies and collaborative partnerships that have enhanced the efficacy and reach of the programmes and services provided. It high lights positive changes in the lives of individuals and communities. We thank all our benefactors who have made it possible for us to achieve our dreams of reaching out to the unreached and marginalized through their generous contributions. May God bless them abundantly.

Sr. Divya Xalxo  
Secretary  
Matru Schaya Social Welfare Society  
Bhandaraj